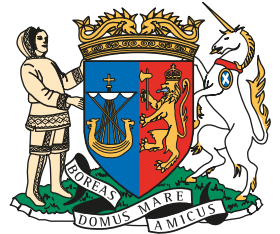


5 July to
19 August 2024



ORKNEY
ISLANDS COUNCIL



Summer

Holiday Programme



leisure.culture@orkney.gov.uk
enquiries@pickaquoy.com



Summer Holiday Programme - 2024

Orkney Islands Council and the Pickaquoy Centre are working with a range of partners, local groups and organisations to provide something for everyone to participate in locally.

- Rugby Camp, delivered by Orkney Rugby Football Club
- Fencing Tasters, delivered by Orkney Fencing Club
- Bikeability Level 1, delivered by Active Schools
- Active Schools Day - Sanday, Stronsay & Westray, delivered by Active Schools

Please note for sessions/camps please select the primary your child/children have just finished, not the primary class they are going into in August, unless otherwise stated.

How to book

- For Bikeability, Generation Pound, Stromness Learn to Swim Week (Mon-Fri), Rugby and Fencing please book at orkney.gov.uk/booknow
- If booking Rugby Camp, please ensure you book each of the three days to ensure your child is registered for the full camp.
- For Stromness Swimming Pool and Fitness Centre – Please book by calling 01856 850552 during opening hours or email stromness.pool@glow.orkneyschools.org.uk
- For Pickaquoy Centre activities please book by calling 01856 879900 or email enquiries@pickaquoy.com

Online Booking Steps

The quickest and easiest way to book is online, using your ActiveLife or Casual User login.

- Go to orkney.gov.uk/booknow
- Login using your email and password (if you can't remember your login details or haven't booked a course through OIC before, select "forgotten password" and follow the steps)
- Select your child's name from the drop down menu near the top of the page
- Click "Courses and Holiday Activities (Enrol on a Course)"
- Click on "Groups" filter, and select "Summer Holiday Programme 2024"
- Select the activity you would like your child to attend
- Fill in the medical and photo consent information box and remember to hit "save"
- If you are only booking one activity then click 'Enrol and Pay Now'. This will take you to your basket where you can click 'Check Out' to confirm the booking.
- If you have further days/activities to book then click 'Enrol and Continue Shopping'. You will then need to click 'Home' near the top left hand side of the screen. Please repeat steps above as necessary until you have enrolled on all activities. You can then click the basket icon near the top right hand corner of the screen and then click 'Check Out' to confirm all bookings.
- If you can't book online, activities can also be booked by calling 01856 873535 ext 2461 or 2427, or by sending an e-mail to leisure.culture@orkney.gov.uk

Learn to Swim (L2S) Week



Please ensure you book your child into the same level they attend in L2S. If your child does not attend swimming lessons, get in touch with us at stromness.pool@glow.orkneyschools.org.uk or courses@pickaquoy.com and we'll assist with getting you into the right level.

Bikeability Level 1



For pupils going **into P5/P6 in August 24**. This session will give them the opportunity to learn to control and master skills on their bike. The training takes place in an environment away from cars or traffic - usually in the playground. **Helmet and bike required.**

Netball Orkney Camp



To sign up to the summer camp please click on the sign up below orkney.gov.uk/netball

Ross County Football Camp



To sign up to the summer camp please click on the sign up below orkney.gov.uk/football



ActiveLife
More people, more active, more often

ORKNEY RFC



sportscotland

activeschools
ORKNEY

Orkney



Fencing Club

Date	Activity	Time	Age / Level	Max No.	Location	Cost	Book or Drop In
Friday 5 July	Arena Inflatables – ASN	1200-1300	U11s		Pickaquoy Centre	ActiveLife/£4.25	Drop In
	Arena Inflatables – U11s & U5s	1330-1530	U11 & U5s		Pickaquoy Centre	ActiveLife/£4.25	Drop In
	Development Group (Climbing)	1500-1630	NICAS 4+	6	Pickaquoy Centre	£7.70	Book
	Water Walkerz, Stepping Stones & Floats	1600-1700	5+	21	Pickaquoy Centre	ActiveLife/PAYG	Drop In
	Fun Climb	1630-1730	4-7 Years	4	Pickaquoy Centre	£7.70	Book
	Adult Climb	1800-1900	16+	6	Pickaquoy Centre	£7.70	Book
	Parent & Toddlers	1100-1200	U5s	25	Stromness Swimming Pool	ActiveLife/PAYG	Drop In
	Flippers	1100-1200	5-15 Years	20	Stromness Swimming Pool	ActiveLife/PAYG	Drop In
	Fun Session (Half Pool)	1700-1830	Family Session	30	Stromness Swimming Pool	ActiveLife/PAYG	Drop In
Saturday 6 July	Snorkels & Flippers	1000-1100			Pickaquoy Centre	ActiveLife/PAYG	Drop In
	Sensory Friendly Family Pool Session	1730-1830			Pickaquoy Centre	ActiveLife/PAYG	Drop In
	Fun Session	1000-1200	Family Session	40	Stromness Swimming Pool	ActiveLife/PAYG	Drop In
Sunday 7 July	Arena Inflatables – U11s & U5s	0945-1200	U11s & U5s		Pickaquoy Centre	ActiveLife/£4.25	Drop In
	Pirate Aquarun	1415-1515	Deepender		Pickaquoy Centre	ActiveLife/PAYG	Drop In
	Fun Session	1400-1600	Family Session	40	Stromness Swimming Pool	ActiveLife/PAYG	Drop In
Monday 8 July	Arena Inflatables (ASN)	1000-1130	U11s		Pickaquoy Centre	ActiveLife/£4.25	Drop In
	Learn to Swim Week (Mon-Fri)	1010-1040	5+ (SS1a & SS1b)	8	Pickaquoy Centre	£32.00	Book
	Learn to Swim Week (Mon-Fri)	1045-1115	5+ (Entry & SS2)	8	Pickaquoy Centre	£32.00	Book
	Arena Inflatables – U5s	1200-1330	U5s		Pickaquoy Centre	ActiveLife/£4.25	Drop In
	Arena Inflatables – U11s & U5s	1330-1530	U11s & U5s		Pickaquoy Centre	ActiveLife/£4.25	Drop In
	Water Walkerz, Stepping Stones & Floats	1600-1700	5+	21	Pickaquoy Centre	ActiveLife/PAYG	Book
	Generation Pound	1000-1045	P2-4	18	Kirkwall Grammar School	ActiveLife/£5.50	Book
	Generation Pound	1100-1145	P5-7	18	Kirkwall Grammar School	ActiveLife/£5.50	Book
	Generation Pound	1400-1445	P2-7	18	Stromness Community Centre	ActiveLife/£5.50	Book
	Parents & Toddlers	1100-1200	U5s	25	Stromness Swimming Pool	ActiveLife/PAYG	Drop In
	Flippers	1100-1200	5-15 Years	20	Stromness Swimming Pool	ActiveLife/PAYG	Drop In
	Fun Session (Half Pool)	1700-1830	Family Session	30	Stromness Swimming Pool	ActiveLife/PAYG	Drop In
Tuesday 9 July	Fun Climb	0930-1030	8-12 Years	6	Pickaquoy Centre	£7.70	Book
	Arena Inflatables U11s & U5s	1000-1300	U11s & U5s		Pickaquoy Centre	ActiveLife/£4.25	Drop In
	Fun Climb	1100-1200	4-7 Years	4	Pickaquoy Centre	£7.70	Book
	NICAS Climb (1,2 & 3)	1400-1500	7+	6	Pickaquoy Centre	£7.70	Book
	Bubble Football	1430-1515	10-12 Years	10	Pickaquoy Centre	£7.05	Book
	Bubble Football	1530-1615	13-15 Years	10	Pickaquoy Centre	£7.05	Book
	Family Climb	1530-1630	Adult & Child (4+)	6	Pickaquoy Centre	£5.50pp	Book
	Fun Climb	1530-1630	4-7 Years	4	Pickaquoy Centre	£7.70	Book
	Fun Climb	1700-1800	8-12 Years	6	Pickaquoy Centre	£7.70	Book
	Generation Pound	1000-1045	P2-7	18	Hope School Hall	ActiveLife/£5.50	Book
	Generation Pound	1400-1445	P2-7	18	Dounby Centre	ActiveLife/£5.50	Book
	Netball	0930-1045	P1-3		Kirkwall Grammar School	£2.00	Book
	Netball	1045-1215	P4-5		Kirkwall Grammar School	£2.50	Book
	Netball	1245-1445	P6-7		Kirkwall Grammar School	£3.00	Book
	Papdale Bikeability Level 1	1000-1530	P5/P6 in Aug 24	30	Papdale Primary School	Free	Book

Date	Activity	Time	Age / Level	Max No.	Location	Cost	Book or Drop In
Wednesday 10 July	Fun Climb	0930-1030	4-7 Years	4	Pickaquoy Centre	£7.70	Book
	Arena Inflatables U11s & U5s	1000-1300	U11s & U5s		Pickaquoy Centre	ActiveLife/£4.25	Drop In
	Lead Climb (NICAS 4)	1100-1230	NICAS 4 Climbers	3	Pickaquoy Centre	£12.50	Book
	Adult Climb	1400-1500	16+	6	Pickaquoy Centre	£7.70	Book
	Adult & Child Bouldering Induction	1530-1630	Adult & Child (5+)	6	Pickaquoy Centre	£5.40	Book
	Let's Go! Run Jump Throw	1300-1400	P1-2	16	Pickaquoy Centre	£7.70	Book
	Let's Go! Run Jump Throw	1400-1500	P3-4	20	Pickaquoy Centre	£7.70	Book
	Let's Go! Run Jump Throw	1500-1600	P5+	20	Pickaquoy Centre	£7.70	Book
	Sanday Active Schools Day	1030-1530	P1-7		Sanday Junior High	Free	Drop In
	Stepping Stones/shallow end non swimmers	1730-1830	Deependers	40	Stromness Swimming Pool	ActiveLife/PAYG	Drop In
Thursday 11 July	Arena Inflatables – U11s & U5s	1300-1530	U11s & U5s		Pickaquoy Centre	ActiveLife/£4.25	Drop In
Friday 12 July	Fun Climb	0930-1030	8-12 Years	6	Pickaquoy Centre	£7.70	Book
	Arena Inflatables (ASN)	1000-1130	U11s		Pickaquoy Centre	ActiveLife/£4.25	Drop In
	Fun Climb	1100-1200	4-7 Years	4	Pickaquoy Centre	£7.70	Book
	Bouldering Games	1230-1315	8-12 Years	6	Pickaquoy Centre	£7.05	Book
	Arena Inflatables – U5s	1200-1330	U5s		Pickaquoy Centre	ActiveLife/£4.25	Drop In
	Arena Inflatables – U11s & U5s	1330-1530	U11s & U5s		Pickaquoy Centre	ActiveLife/£4.25	Drop In
	Development Group (Climbing)	1500-1630	NICAS 4+	6	Pickaquoy Centre	£7.70	Book
	Water Walkerz, Stepping Stones & Floats	1600-1700	5+	21	Pickaquoy Centre	ActiveLife/PAYG	Book
	Parents & Toddlers	1100-1200	U5s	25	Stromness Swimming Pool	ActiveLife/PAYG	Drop In
	Flippers	1100-1200	5-15 Years	20	Stromness Swimming Pool	ActiveLife/PAYG	Drop In
Fun Session (Half Pool)	1700-1830	Family Session	30	Stromness Swimming Pool	ActiveLife/PAYG	Drop In	
Saturday 13 July	Snorkels and Flippers	1000-1100			Pickaquoy Centre	ActiveLife/PAYG	Drop In
	Sensory Friendly Family Pool Session	1730-1830			Pickaquoy Centre	ActiveLife/PAYG	Drop In
	Fun Session	1000-1200	Family Session	40	Stromness Swimming Pool	ActiveLife/PAYG	Drop In
Sunday 14 July	Pirate Aquarun	1415-1515	Deepender		Pickaquoy Centre	ActiveLife/PAYG	Drop In
	Fun Session	1400-1600	Family Session	40	Stromness Swimming Pool	ActiveLife/PAYG	Drop In
Monday 15 July	Arena Inflatables (ASN)	1000-1130	U11s		Pickaquoy Centre	ActiveLife/£4.25	Drop In
	Learn to Swim Week (Mon-Fri)	1010-1040	5+ (SS1a & SS1b)	8	Pickaquoy Centre	£32.00	Book
	Learn to Swim Week (Mon-Fri)	1045-1115	5+ (Entry & SS2)	8	Pickaquoy Centre	£32.00	Book
	Arena Inflatables – U5s	1200-1330	U5s		Pickaquoy Centre	ActiveLife/£4.25	Drop In
	Arena Inflatables – U11s & U5s	1330-1530	U11s & U5s		Pickaquoy Centre	ActiveLife/£4.25	Drop In
	Water Walkerz, Stepping Stones & Floats	1600-1700	5+	21	Pickaquoy Centre	ActiveLife/PAYG	Book
	Generation Pound	1000-1045	P2-4	18	Kirkwall Grammar School	ActiveLife/£5.50	Book
	Generation Pound	1100-1145	P5-7	18	Kirkwall Grammar School	ActiveLife/£5.50	Book
	Generation Pound	1400-1445	P2-7	18	Stromness Community Centre	ActiveLife/£5.50	Book
	Parents & Toddlers	1100-1200	U5s	25	Stromness Swimming Pool	ActiveLife/PAYG	Drop In
	Flippers	1100-1200	5-15 Years	20	Stromness Swimming Pool	ActiveLife/PAYG	Drop In
	Fun Session (Half Pool)	1700-1830	Family Session	30	Stromness Swimming Pool	ActiveLife/PAYG	Drop In

Date	Activity	Time	Age / Level	Max No.	Location	Cost	Book or Drop In
Tuesday 16 July	Fun Climb	0930-1030	8-12 Years	6	Pickaquoy Centre	£7.70	Book
	Arena Inflatables U11s & U5s	1000-1300	U11s & U5s		Pickaquoy Centre	ActiveLife/£4.25	Drop In
	Fun Climb	1100-1200	4-7 Years	4	Pickaquoy Centre	£7.70	Book
	NICAS Climb (1,2 & 3)	1400-1500	7+	6	Pickaquoy Centre	£7.70	Book
	Bubble Football	1430-1515	10-12 Years	10	Pickaquoy Centre	£7.05	Book
	Bubble Football	1530-1615	13-15 Years	10	Pickaquoy Centre	£7.05	Book
	Family Climb	1530-1630	Adult & Child (4+)	6	Pickaquoy Centre	£5.50pp	Book
	Fun Climb	1530-1630	4-7 Years	4	Pickaquoy Centre	£7.70	Book
	Fun Climb	1700-1800	8-12 Years	6	Pickaquoy Centre	£7.70	Book
	Generation Pound	1000-1045	P2-7	18	Hope School Hall	ActiveLife/£5.50	Book
	Generation Pound	1400-1445	P2-7	18	Dounby Centre	ActiveLife/£5.50	Book
	Fencing Taster Session	1000-1130	10+ Years	10	Pickaquoy Centre	Free	Book
	Dounby Bikeability Level 1	1000-1300	P5/6 in Aug 24	30	Dounby Community School	Free	Book
Wednesday 17 July	Fun Climb	0930-1030	4-7 Years	4	Pickaquoy Centre	£7.70	Book
	Arena Inflatables U11s & U5s	1000-1300	U11s & U5s		Pickaquoy Centre	ActiveLife/£4.25	Drop In
	Lead Climb (NICAS 4)	1100-1230	NICAS 4 Climbers	3	Pickaquoy Centre	£12.50	Book
	Adult Climb	1400-1500	16+	6	Pickaquoy Centre	£7.70	Book
	Adult & Child Bouldering Induction	1530-1630	Adult & Child (5+)	6	Pickaquoy Centre	£5.40	Book
	Let's Go! Run Jump Throw	1300-1400	P1-2	16	Pickaquoy Centre	£7.70	Book
	Let's Go! Run Jump Throw	1400-1500	P3-4	20	Pickaquoy Centre	£7.70	Book
	Let's Go! Run Jump Throw	1500-1600	P5+	20	Pickaquoy Centre	£7.70	Book
	Family Fun Pool Session	1600-1700			Pickaquoy Centre	ActiveLife/PAYG	Drop In
	Inflatable Slide/Shallow End Non Swimmers	1730-1830	Deependers	40	Stromness Swimming Pool	ActiveLife/PAYG	Drop In
Thursday 18 July	Arena Inflatables – U11s & U5s	1300-1530	U11s & U5s		Pickaquoy Centre	ActiveLife/£4.25	Drop In
	Stronsay Active Schools Day	1030-1530	P1-7		Stronsay Junior High	Free	Drop In
Friday 19 July	Fun Climb	0930-1030	8-12 Years	6	Pickaquoy Centre	£7.70	Book
	Arena Inflatables (ASN)	1000-1130	U11s		Pickaquoy Centre	ActiveLife/£4.25	Drop In
	Fun Climb	1100-1200	4-7 Years	4	Pickaquoy Centre	£7.70	Book
	Bouldering Games	1230-1315	8-12 Years	6	Pickaquoy Centre	£7.05	Book
	Arena Inflatables – U5s	1200-1330	U5s		Pickaquoy Centre	ActiveLife/£4.25	Drop In
	Arena Inflatables – U11s & U5s	1330-1530	U11s & U5s		Pickaquoy Centre	ActiveLife/£4.25	Drop In
	Development Group (Climbing)	1500-1630	NICAS 4+	6	Pickaquoy Centre	£7.70	Book
	Water Walkerz, Stepping Stones & Floats	1600-1700	5+	21	Pickaquoy Centre	ActiveLife/PAYG	Book
	Fun Climb	1630-1730	4-7 Years	4	Pickaquoy Centre	£7.70	Book
	Adult Climb	1800-1900	16+ Years	6	Pickaquoy Centre	£7.70	Book
	Parents & Toddlers	1100-1200	U5s	25	Stromness Swimming Pool	ActiveLife/PAYG	Drop In
	Flippers	1100-1200	5-15 Years	20	Stromness Swimming Pool	ActiveLife/PAYG	Drop In
	Fun Session (Half Pool)	1700-1830	Family Session	30	Stromness Swimming Pool	ActiveLife/PAYG	Drop In
Saturday 20 July	Snorkels and Flippers	1000-1100			Pickaquoy Centre	ActiveLife/PAYG	Drop In
	Sensory Friendly Family Pool Session	1730-1830			Pickaquoy Centre	ActiveLife/PAYG	Drop In
	Fun Session	1000-1200	Family Session	40	Stromness Swimming Pool	ActiveLife/PAYG	Drop In

Date	Activity	Time	Age / Level	Max No.	Location	Cost	Book or Drop In	
Sunday 21 July	Arena Inflatables – U11s & U5s	0945-1200	U11s & U5s	40	Pickaquoy Centre	ActiveLife/£4.25	Drop In	
	Pirate Aquarun	1415-1515	Deepender		Pickaquoy Centre	ActiveLife/PAYG	Drop In	
	Fun Session	1400-1600	Family Session		Stromness Swimming Pool	ActiveLife/PAYG	Drop In	
Monday 22 July	Arena Inflatables (ASN)	1000-1130	U11s	8	Pickaquoy Centre	ActiveLife/£4.25	Drop In	
	Learn to Swim Week (Mon-Fri)	1010-1040	5+ (SS1a & SS1b)		Pickaquoy Centre	£32.00	Book	
	Learn to Swim Week (Mon-Fri)	1045-1115	5+ (Entry & SS2)		Pickaquoy Centre	£32.00	Book	
	Arena Inflatables – U5s	1200-1330	U5s		Pickaquoy Centre	ActiveLife/£4.25	Drop In	
	Arena Inflatables – U11s & U5s	1330-1530	U11s & U5s		Pickaquoy Centre	ActiveLife/£4.25	Drop In	
	Water Walkerz, Stepping Stones & Floats	1600-1700	5+		21	Pickaquoy Centre	ActiveLife/PAYG	Book
	Parents & Toddlers	1100-1200	U5s		25	Stromness Swimming Pool	ActiveLife/PAYG	Drop In
	Flippers	1100-1200	5-15 Years		20	Stromness Swimming Pool	ActiveLife/PAYG	Drop In
	Fun Session (Half Pool)	1700-1830	Family Session		30	Stromness Swimming Pool	ActiveLife/PAYG	Drop In
Tuesday 23 July	Fun Climb	0930-1030	8-12 Years	6	Pickaquoy Centre	£7.70	Book	
	Arena Inflatables U11s & U5s	1000-1300	U11s & U5s	4	Pickaquoy Centre	ActiveLife/£4.25	Drop In	
	Fun Climb	1100-1200	4-7 Years		Pickaquoy Centre	£7.70	Book	
	NICAS Climb (1,2 & 3)	1400-1500	7+		Pickaquoy Centre	£7.70	Book	
	Bubble Football	1430-1515	10-12 Years		10	Pickaquoy Centre	£7.05	Book
	Bubble Football	1530-1615	13-15 Years		10	Pickaquoy Centre	£7.05	Book
	Family Climb	1530-1630	Adult & Child (4+)		6	Pickaquoy Centre	£5.50pp	Book
	Fun Climb	1530-1630	4-7 Years		4	Pickaquoy Centre	£7.70	Book
	Fun Climb	1700-1800	8-12 Years		6	Pickaquoy Centre	£7.70	Book
	Generation Pound	1000-1045	P2-7		18	Hope School Hall	ActiveLife/£5.50	Book
	Generation Pound	1400-1445	P2-7		18	Dounby Centre	ActiveLife/£5.50	Book
	Netball	0930-1045	P1-3		Kirkwall Grammar School	£2.00	Book	
	Netball	1045-1215	P4-5			£2.50	Book	
	Netball	1245-1445	P6-7			£3.00	Book	
	St Andrew's Bikeability Level 1	1000-1530	P5/P6 in Aug 24		30	St Andrew's Primary School	Free	Book
Fencing Taster Session	1000-1130	10+ Years	10		Pickaquoy Centre	Free	Book	
Wednesday 24 July	Fun Climb	0930-1030	4-7 Years	4	Pickaquoy Centre	£7.70	Book	
	Arena Inflatables U11s & U5s	1000-1300	U11s & U5s	3	Pickaquoy Centre	ActiveLife/£4.25	Drop In	
	Lead Climb (NICAS 4)	1100-1230	NICAS 4 Climbers		Pickaquoy Centre	£12.50	Book	
	Adult Climb	1400-1500	16+		Pickaquoy Centre	£7.70	Book	
	Adult & Child Bouldering Induction	1530-1630	Adult & Child (5+)		Pickaquoy Centre	£5.40	Book	
	Let's Go! Run Jump Throw	1300-1400	P1-2		16	Pickaquoy Centre	£7.70	Book
	Let's Go! Run Jump Throw	1400-1500	P3-4		20	Pickaquoy Centre	£7.70	Book
	Let's Go! Run Jump Throw	1500-1600	P5+		20	Pickaquoy Centre	£7.70	Book
	Family Fun Pool Session	1600-1700				Pickaquoy Centre	ActiveLife/PAYG	Drop In
	Stepping Stones/Shallow End Non Swimmers	1730-1830	Deependers		40	Stromness Swimming Pool	ActiveLife/PAYG	Drop In
Thursday 25 July	Arena Inflatables – U11s & U5s	1300-1530	U11s & U5s		25	Pickaquoy Centre	ActiveLife/£4.25	Drop In
	Shopping Week Crafts	1030-1200	P1-7	Stromness Community Centre		£2.50	Drop In	
	Westray Active Schools Day	1030-1530	P1-7	Westray Junior High		Free	Drop In	

Date	Activity	Time	Age / Level	Max No.	Location	Cost	Book or Drop In
Friday 26 July	Fun Climb	0930-1030	8-12 Years	6	Pickaquoy Centre	£7.70	Book
	Arena Inflatables (ASN)	1000-1130	U11s		Pickaquoy Centre	ActiveLife/£4.25	Drop In
	Fun Climb	1100-1200	4-7 Years	4	Pickaquoy Centre	£7.70	Book
	Bouldering Games	1230-1315	8-12 Years	6	Pickaquoy Centre	£7.05	Book
	Arena Inflatables – U5s	1200-1330	U5s		Pickaquoy Centre	ActiveLife/£4.25	Drop In
	Arena Inflatables – U11s & U5s	1330-1530	U11s & U5s		Pickaquoy Centre	ActiveLife/£4.25	Drop In
	Development Group (Climbing)	1500-1630	NICAS 4+	6	Pickaquoy Centre	£7.70	Book
	Water Walkerz, Stepping Stones & Floats	1600-1700	5+	21	Pickaquoy Centre	ActiveLife/PAYG	Book
	Fun Climb	1630-1730	4-7 Years	4	Pickaquoy Centre	£7.70	Book
	Adult Climb	1800-1900	16+ Years	6	Pickaquoy Centre	£7.70	Book
	Shopping Week Crafts	1030-1200	P1-7	25	Stromness Community Centre	£2.50	Drop In
	Parents & Toddlers	1100-1200	U5s	25	Stromness Swimming Pool	ActiveLife/PAYG	Drop In
	Flippers	1100-1200	5-15 Years	20	Stromness Swimming Pool	ActiveLife/PAYG	Drop In
	Fun Session (Half Pool)	1700-1830	Family Session	30	Stromness Swimming Pool	ActiveLife/PAYG	Drop In
Saturday 27 July	Snorkels and Flippers	1000-1100			Pickaquoy Centre	ActiveLife/PAYG	Drop In
	Sensory Friendly Family Pool Session	1730-1830			Pickaquoy Centre	ActiveLife/PAYG	Drop In
	Bouncy Castle Session	1030-1200	P1-7	25	Stromness Community Centre	£2.50	Drop In
	Fun Session	1000-1200	Family Session	40	Stromness Swimming Pool	ActiveLife/PAYG	Drop In
Sunday 28 July	Arena Inflatables – U11s & U5s	0945-1200	U11s & U5s		Pickaquoy Centre	ActiveLife/£4.25	Drop In
	Pirate Aquarun	1415-1515	Deepender		Pickaquoy Centre	ActiveLife/PAYG	Drop In
	Fun Session	1400-1600	Family Session	40	Stromness Swimming Pool	ActiveLife/PAYG	Drop In
Monday 29 July	Arena Inflatables (ASN)	1000-1130	U11s		Pickaquoy Centre	ActiveLife/£4.25	Drop In
	Arena Inflatables – U5s	1200-1330	U5s		Pickaquoy Centre	ActiveLife/£4.25	Drop In
	Arena Inflatables – U11s & U5s	1330-1530	U11s & U5s		Pickaquoy Centre	ActiveLife/£4.25	Drop In
	Water Walkerz, Stepping Stones & Floats	1600-1700	5+	21	Pickaquoy Centre	ActiveLife/PAYG	Book
	Ross County FC (Mon-Fri)	1300-1500	5-8 Years		Kirkwall Grammar School	£30	Book
	Ross County FC (Mon-Fri)	1300-1500	9-11 Years		Kirkwall Grammar School	£100.00	Book
	Ross County FC (Mon-Fri)	1300-1500	12-15 Years		Kirkwall Grammar School	£100.00	Book
	Ross County FC (Mon-Fri)	1515-1600	3-4 Years		Kirkwall Grammar School	£100.00	Book
	Parents & Toddlers	1100-1200	U5s	25	Stromness Swimming Pool	ActiveLife/PAYG	Drop In
	Flippers	1100-1200	5-15 Years SS1A -	20	Stromness Swimming Pool	ActiveLife/PAYG	Drop In
	Learn to Swim Week (Mon-Fri)	1530-1600	up to 12yr SS2 –	8	Stromness Swimming Pool	£32.00	Book
	Learn to Swim Week (Mon-Fri)	1530-1600	up to 12yr SS1B –	8	Stromness Swimming Pool	£32.00	Book
	Learn to Swim Week (Mon-Fri)	1600-1630	up to 12 Nearly	8	Stromness Swimming Pool	£32.00	Book
	Learn to Swim Week (Mon-Fri)	1600-1630	Deepender Rookie	8	Stromness Swimming Pool	£32.00	Book
	Learn to Swim Week (Mon-Fri)	1630-1700	Lifeguard SS1A –	10	Stromness Swimming Pool	£32.00	Book
	Learn to Swim Week (Mon-Fri)	1630-1700	up to 12yr Family	8	Stromness Swimming Pool	£32.00	Book
	Fun Session (Half Pool)	1700-1830	Session	30	Stromness Swimming Pool	ActiveLife/PAYG	Drop In

Date	Activity	Time	Age / Level	Max No.	Location	Cost	Book or Drop In
Tuesday 30 July	Fun Climb	0930-1030	8-12 Years	6	Pickaquoy Centre	£7.70	Book
	Arena Inflatables U11s & U5s	1000-1300	U11s & U5s		Pickaquoy Centre	ActiveLife/£4.25	Drop In
	Fun Climb	1100-1200	4-7 Years	4	Pickaquoy Centre	£7.70	Book
	NICAS Climb (1,2 & 3)	1400-1500	7+	6	Pickaquoy Centre	£7.70	Book
	Bubble Football	1430-1515	10-12 Years	10	Pickaquoy Centre	£7.05	Book
	Bubble Football	1530-1615	13-15 Years	10	Pickaquoy Centre	£7.05	Book
	Family Climb	1530-1630	Adult & Child (4+)	6	Pickaquoy Centre	£5.50pp	Book
	Fun Climb	1530-1630	4-7 Years	4	Pickaquoy Centre	£7.70	Book
	Fun Climb	1700-1800	8-12 Years	6	Pickaquoy Centre	£7.70	Book
	Craft and Games Session	1030-1200	P1-7	25	Stromness Community Centre	£2.50	Drop In
Wednesday 31 July	Fun Climb	0930-1030	4-7 Years	4	Pickaquoy Centre	£7.70	Book
	Arena Inflatables U11s & U5s	1000-1300	U11s & U5s		Pickaquoy Centre	ActiveLife/£4.25	Drop In
	Lead Climb (NICAS 4)	1100-1230	NICAS 4 Climbers	3	Pickaquoy Centre	£12.50	Book
	Adult Climb	1400-1500	16+	6	Pickaquoy Centre	£7.70	Book
	Adult & Child Bouldering Induction	1530-1630	Adult & Child (5+)	6	Pickaquoy Centre	£5.40	Book
	Let's Go! Run Jump Throw	1300-1400	P1-2	16	Pickaquoy Centre	£7.70	Book
	Let's Go! Run Jump Throw	1400-1500	P3-4	20	Pickaquoy Centre	£7.70	Book
	Let's Go! Junior Athletics	1500-1600	P5+	20	Pickaquoy Centre	£7.70	Book
	Family Fun Pool Session	1600-1700			Pickaquoy Centre	ActiveLife/PAYG	Drop In
	Inflatable Slide/Shallow End Non Swimmers	1730-1830	Deependers	40	Stromness Swimming Pool	ActiveLife/PAYG	Drop In
Thursday 01 August	Arena Inflatables – U11s & U5s	1300-1530	U11s & U5s		Pickaquoy Centre	ActiveLife/£4.25	Drop In
	Craft and Games Session	1030-1200	P1-7	25	Stromness Community Centre	£2.50	Drop In
Friday 02 August	Fun Climb	0930-1030	8-12 Years	6	Pickaquoy Centre	£7.70	Book
	Arena Inflatables (ASN)	1000-1130	U11s		Pickaquoy Centre	ActiveLife/£4.25	Drop In
	Fun Climb	1100-1200	4-7 Years	4	Pickaquoy Centre	£7.70	Book
	Bouldering Games	1230-1315	8-12 Years	6	Pickaquoy Centre	£7.05	Book
	Arena Inflatables – U5s	1200-1330	U5s		Pickaquoy Centre	ActiveLife/£4.25	Drop In
	Arena Inflatables – U11s & U5s	1330-1530	U11s & U5s		Pickaquoy Centre	ActiveLife/£4.25	Drop In
	Development Group (Climbing)	1500-1630	NICAS 4+	6	Pickaquoy Centre	£7.70	Book
	Water Walkerz, Stepping Stones & Floats	1600-1700	5+	21	Pickaquoy Centre	ActiveLife/PAYG	Book
	Fun Climb	1630-1730	4-7 Years	4	Pickaquoy Centre	£7.70	Book
	Adult Climb	1800-1900	16+ Years	6	Pickaquoy Centre	£7.70	Book
	Parents & Toddlers	1100-1200	U5s	25	Stromness Swimming Pool	ActiveLife/PAYG	Drop In
	Flippers	1100-1200	5-15 Years	20	Stromness Swimming Pool	ActiveLife/PAYG	Drop In
Fun Session (Half Pool)	1700-1830	Family Session	30	Stromness Swimming Pool	ActiveLife/PAYG	Drop In	
Saturday 03 August	Snorkels and Flippers	1000-1100			Pickaquoy Centre	ActiveLife/PAYG	Drop In
	Sensory Friendly Family Pool Session	1730-1830			Pickaquoy Centre	ActiveLife/PAYG	Drop In
	Fun Session	1000-1200	Family Session	40	Stromness Swimming Pool	ActiveLife/PAYG	Drop In
Sunday 04 August	Arena Inflatables – U11s & U5s	0945-1200	U11s & U5s		Pickaquoy Centre	ActiveLife/£4.25	Drop In
	Pirate Aquarun	1415-1515	Deepender		Pickaquoy Centre	ActiveLife/PAYG	Drop In
	Fun Session	1400-1600	Family Session	40	Stromness Swimming Pool	ActiveLife/PAYG	Drop In

Date	Activity	Time	Age / Level	Max No.	Location	Cost	Book or Drop In
Monday 05 August	Arena Inflatables (ASN)	1000-1130	U11s		Pickaquoy Centre	ActiveLife/£4.25	Drop In
	Arena Inflatables – U5s	1200-1330	U5s		Pickaquoy Centre	ActiveLife/£4.25	Drop In
	Arena Inflatables – U11s & U5s	1330-1530	U11s & U5s	21	Pickaquoy Centre	ActiveLife/£4.25	Drop In
	Water Walkerz, Stepping Stones & Floats	1600-1700	5+	25	Pickaquoy Centre	ActiveLife/PAYG	Book
	Parents & Toddlers	1100-1200	U5s	20	Stromness Swimming Pool	ActiveLife/PAYG	Drop In
	Flippers	1100-1200	5-15 Years	30	Stromness Swimming Pool	ActiveLife/PAYG	Drop In
	Fun Session (Half Pool)	1700-1830	Family Session		Stromness Swimming Pool	ActiveLife/PAYG	Drop In
Tuesday 06 August	Fun Climb	0930-1030	8-12 Years	6	Pickaquoy Centre	£7.70	Book
	Fun Climb	1000-1300	4-7 Years	4	Pickaquoy Centre	£7.70	Book
	Arena Inflatables U11s & U5s	1300-1530	U11s & U5s		Pickaquoy Centre	ActiveLife/£4.25	Drop In
	NICAS Climb (1,2 & 3)	1400-1500	7+	6	Pickaquoy Centre	£7.70	Book
	Bubble Football	1430-1515	10-12 Years	10	Pickaquoy Centre	£7.05	Book
	Bubble Football	1530-1615	13-15 Years	10	Pickaquoy Centre	£7.05	Book
	Family Climb	1530-1630	Adult & Child (4+)	6	Pickaquoy Centre	£5.50pp	Book
	Netball	0930-1045	P1-3		Kirkwall Grammar School	£2.00	Book
	Netball	1045-1215	P4-5		Kirkwall Grammar School	£2.50	Book
	Netball	1245-1445	P6-7		Kirkwall Grammar School	£3.00	Book
Craft and Games Session	1030-1230	P1-7	25	Stromness Community Centre	£2.50	Drop In	
Wednesday 07 August	Fun Climb	0930-1030	4-7 Years	4	Pickaquoy Centre	£7.70	Book
	Arena Inflatables U11s & U5s	1000-1300	U11s & U5s		Pickaquoy Centre	ActiveLife/£4.25	Drop In
	Lead Climb (NICAS 4)	1100-1230	NICAS 4 Climbers	3	Pickaquoy Centre	£12.50	Book
	Adult Climb	1400-1500	16+	6	Pickaquoy Centre	£7.70	Book
	Adult & Child Bouldering Induction	1530-1630	Adult & Child (5+)	6	Pickaquoy Centre	£5.40	Book
	Let's Go! Run Jump Throw	1300-1400	P1-2	16	Pickaquoy Centre	£7.70	Book
	Let's Go! Run Jump Throw	1400-1500	P3-4	20	Pickaquoy Centre	£7.70	Book
	Let's Go! Junior Athletics	1500-1600	P5+	20	Pickaquoy Centre	£7.70	Book
	Family Fun Pool Session	1600-1700			Pickaquoy Centre	ActiveLife/PAYG	Drop In
Stepping Stones/Shallow End Non Swimmers	1730-1830	Deependers	40	Stromness Swimming Pool	ActiveLife/PAYG	Drop In	
Thursday 08 August	Arena Inflatables – U11s & U5s	1300-1530	U11s & U5s		Pickaquoy Centre	ActiveLife/£4.25	Drop In

Date	Activity	Time	Age / Level	Max No.	Location	Cost	Book or Drop In
Friday 09 August	Fun Climb	0930-1030	8-12 Years	6	Pickaquoy Centre	£7.70	Book
	Arena Inflatables (ASN)	1000-1130	U11s		Pickaquoy Centre	ActiveLife/£4.25	Drop In
	Fun Climb	1100-1200	4-7 Years	4	Pickaquoy Centre	£7.70	Book
	Bouldering Games	1230-1315	8-12 Years	6	Pickaquoy Centre	£7.05	Book
	Arena Inflatables – U5s	1200-1330	U5s		Pickaquoy Centre	ActiveLife/£4.25	Drop In
	Arena Inflatables – U11s & U5s	1330-1530	U11s & U5s		Pickaquoy Centre	ActiveLife/£4.25	Drop In
	Development Group (Climbing)	1500-1630	NICAS 4+	6	Pickaquoy Centre	£7.70	Book
	Pirate Aquarun	1600-1700	Deepender		Pickaquoy Centre	ActiveLife/PAYG	Drop In
	Fun Climb	1630-1730	4-7 Years	4	Pickaquoy Centre	£7.70	Book
	Adult Climb	1800-1900	16+ Years	6	Pickaquoy Centre	£7.70	Book
	Parents & Toddlers	1100-1200	U5s	25	Stromness Swimming Pool	ActiveLife/PAYG	Drop In
	Flippers	1100-1200	5-15 Years	20	Stromness Swimming Pool	ActiveLife/PAYG	Drop In
Fun Session (Half Pool)	1700-1830	Family Session	30	Stromness Swimming Pool	ActiveLife/PAYG	Drop In	
Saturday 10 August	Arena Inflatables – U11s & U5s	0945-1200	U11s & U5s		Pickaquoy Centre	ActiveLife/£4.25	Drop In
	Snorkels & Flippers	1000-1100			Pickaquoy Centre	ActiveLife/PAYG	Drop In
	Water Walkerz, Stepping Stones & Floats	1600-1700	5+	21	Pickaquoy Centre	ActiveLife/PAYG	Book
Sunday 11 August	Fun Session	1400-1600	Family Session	40	Stromness Swimming Pool	ActiveLife/PAYG	Drop In
Monday 12 August	Arena Inflatables (ASN)	1000-1130	U11s		Pickaquoy Centre	ActiveLife/£4.25	Drop In
	Arena Inflatables – U5s	1200-1330	U5s		Pickaquoy Centre	ActiveLife/£4.25	Drop In
	Arena Inflatables – U11s & U5s	1330-1530	U11s & U5s		Pickaquoy Centre	ActiveLife/£4.25	Drop In
	Water Walkerz, Stepping Stones & Floats	1600-1700	5+	21	Pickaquoy Centre	ActiveLife/PAYG	Book
	Generation Pound	1000-1045	P2-4	18	Kirkwall Grammar School	ActiveLife/£5.50	Book
	Generation Pound	1100-1145	P5-7	18	Kirkwall Grammar School	ActiveLife/£5.50	Book
	Generation Pound	1400-1445	P2-7	18	Stromness Community Centre	ActiveLife/£5.50	Book
	Parents & Toddlers	1100-1200	U5s	25	Stromness Swimming Pool	ActiveLife/PAYG	Drop In
	Flippers	1100-1200	5-15 Years	20	Stromness Swimming Pool	ActiveLife/PAYG	Drop In
	Fun Session (Half Pool)	1700-1830	Family Session	30	Stromness Swimming Pool	ActiveLife/PAYG	Drop In

Date	Activity	Time	Age / Level	Max No.	Location	Cost	Book or Drop In
Tuesday 13 August	Fun Climb	0930-1030	8-12 Years	6	Pickaquoy Centre	£7.70	Book
	Arena Inflatables U11s & U5s	1000-1300	U11s & U5s		Pickaquoy Centre	ActiveLife/£4.25	Drop In
	Fun Climb	1100-1200	4-7 Years	4	Pickaquoy Centre	£7.70	Book
	NICAS Climb (1,2 & 3)	1400-1500	7+	6	Pickaquoy Centre	£7.70	Book
	Bubble Football	1430-1515	10-12 Years	10	Pickaquoy Centre	£7.05	Book
	Bubble Football	1530-1615	13-15 Years	10	Pickaquoy Centre	£7.05	Book
	Family Climb	1530-1630	Adult & Child (4+)	6	Pickaquoy Centre	£5.50pp	Book
	Fun Climb	1530-1630	4-7 Years	4	Pickaquoy Centre	£7.70	Book
	Fun Climb	1700-1800	8-12 Years	6	Pickaquoy Centre	£7.70	Book
	Generation Pound	1000-1045	P2-7	18	Hope School Hall	ActiveLife/£5.50	Book
	Generation Pound	1400-1445	P2-7	18	Dounby Centre	ActiveLife/£5.50	Book
	Rugby (Tues-Thurs)	1000-1100	P1-3 (Rookies)	40	Kirkwall Grammar School	Free	Book
	Rugby (Tues-Thurs)	1130-1300	P4-5 (Minis)	40	Kirkwall Grammar School	Free	Book
	Rugby (Tues-Thurs)	1330-1500	S1-6 (Midis)	40	Kirkwall Grammar School	Free	Book
	Craft and Games Session	1030-1200	P1-7	25	Stromness Community Centre	£2.50	Drop In
Wednesday 14 August	Fun Climb	0930-1030	4-7 Years	4	Pickaquoy Centre	£7.70	Book
	Arena Inflatables U11s & U5s	1000-1300	U11s & U5s		Pickaquoy Centre	ActiveLife/£4.25	Drop In
	Lead Climb (NICAS 4)	1100-1230	NICAS 4 Climbers	3	Pickaquoy Centre	£12.50	Book
	Adult Climb	1400-1500	16+	6	Pickaquoy Centre	£7.70	Book
	Adult & Child Bouldering Induction	1530-1630	Adult & Child (5+)	6	Pickaquoy Centre	£5.40	Book
	Let's Go! Run Jump Throw	1300-1400	P1-2	16	Pickaquoy Centre	£7.70	Book
	Let's Go! Run Jump Throw	1400-1500	P3-4	20	Pickaquoy Centre	£7.70	Book
	Let's Go! Junior Athletics	1500-1600	P5+	20	Pickaquoy Centre	£7.70	Book
	Family Fun Pool Session	1600-1700			Pickaquoy Centre	ActiveLife/PAYG	Drop In
Inflatable Slide/Shallow End Non Swimmers	1730-1830	Deependers	40	Stromness Swimming Pool	ActiveLife/PAYG	Drop In	
Thursday 15 August	Arena Inflatables – U11s & U5s	1300-1530	U11s & U5s		Pickaquoy Centre	ActiveLife/£4.25	Drop In
	Craft and Games Session	1030-1200	P1-7	25	Stromness Community Centre	£2.50	Drop In
Friday 16 August	Fun Climb	0930-1030	8-12 Years	6	Pickaquoy Centre	£7.70	Book
	Arena Inflatables (ASN)	1000-1130	U11s		Pickaquoy Centre	ActiveLife/£4.25	Drop In
	Fun Climb	1100-1200	4-7 Years	4	Pickaquoy Centre	£7.70	Book
	Bouldering Games	1230-1315	8-12 Years	6	Pickaquoy Centre	£7.05	Book
	Arena Inflatables – U5s	1200-1330	U5s		Pickaquoy Centre	ActiveLife/£4.25	Drop In
	Arena Inflatables – U11s & U5s	1330-1530	U11s & U5s		Pickaquoy Centre	ActiveLife/£4.25	Drop In
	Development Group (Climbing)	1500-1630	NICAS 4+	6	Pickaquoy Centre	£7.70	Book
	Water Walkerz,Stepping Stones & Floats	1600-1700	5+	21	Pickaquoy Centre	ActiveLife/PAYG	Book
	Fun Climb	1630-1730	4-7 Years	4	Pickaquoy Centre	£7.70	Book
	Adult Climb	1800-1900	16+ Years	6	Pickaquoy Centre	£7.70	Book
	Parents & Toddlers	1100-1200	U5s	25	Stromness Swimming Pool	ActiveLife/PAYG	Drop In
	Flippers	1100-1200	5-15 Years	20	Stromness Swimming Pool	ActiveLife/PAYG	Drop In
	Fun Session (Half Pool)	1700-1830	Family Session	30	Stromness Swimming Pool	ActiveLife/PAYG	Drop In

Date	Activity	Time	Age / Level	Max No.	Location	Cost	Book or Drop In
Saturday 17 August	Snorkels and Flippers	1000-1100			Pickaquoy Centre	ActiveLife/PAYG	Drop In
	Sensory Friendly Family Pool Session	1730-1830			Pickaquoy Centre	ActiveLife/PAYG	Drop In
	Fun Session	1000-1200	Family Session	40	Stromness Swimming Pool	ActiveLife/PAYG	Drop In
Sunday 18 August	Arena Inflatables – U11s & U5s	0945-1200	U11s & U5s		Pickaquoy Centre	ActiveLife/£4.25	Drop In
	Pirate Aquarun	1415-1515	Deepender		Pickaquoy Centre	ActiveLife/PAYG	Drop In
	Fun Session	1400-1600	Family Session	40	Stromness Swimming Pool	ActiveLife/PAYG	Drop In
Monday 19 August	Water Walkerz, Stepping Stones & Floats	1600-1700	5+	21	Pickaquoy Centre	ActiveLife/PAYG	Book
	Parents & Toddlers	1100-1200	U5s	25	Stromness Swimming Pool	ActiveLife/PAYG	Drop In
	Flippers	1100-1200	5-15 Years	20	Stromness Swimming Pool	ActiveLife/PAYG	Drop In
	Fun Session (Half Pool)	1700-1830	Family Session	30	Stromness Swimming Pool	ActiveLife/PAYG	Drop In

