



# Wellness Fair

- Public Health
- Childsmile
- Infant feeding, peer support and health visitors
- Maternity
- Menopausal Advice
- Quit Your Way Orkney
- SB Elevate
- SARCS
- Cycling UK
- Homestart
- Orkney Blide Trust
- Orkney Charitable Trust
- Orkney Food Bank
- Orkney Islands Council
- ORSAS
- Right There
- Youth Cafe/Pride Tribe

**Sponsored athlete and ultra runner, William Sichel, will also be there to chat to about his new book *A Head for Running* from 1pm - 3pm.**



**Full details can be found at [www.pickaquooy.co.uk](http://www.pickaquooy.co.uk)**

Please note, images and videos will be taken throughout the day for promotional purposes.